

Temporomandibular Disorders Treatment



Michal Linkovski Nir BPT, MScPT

Tempomandibular Disorder (TMD)

Pain related
TMD

Intra articular
Disc related
TMD

Degerenativ
joint desise

Pain related technics

- **Self Stretch**
- **NNNN**
- **Longitudinal massage**

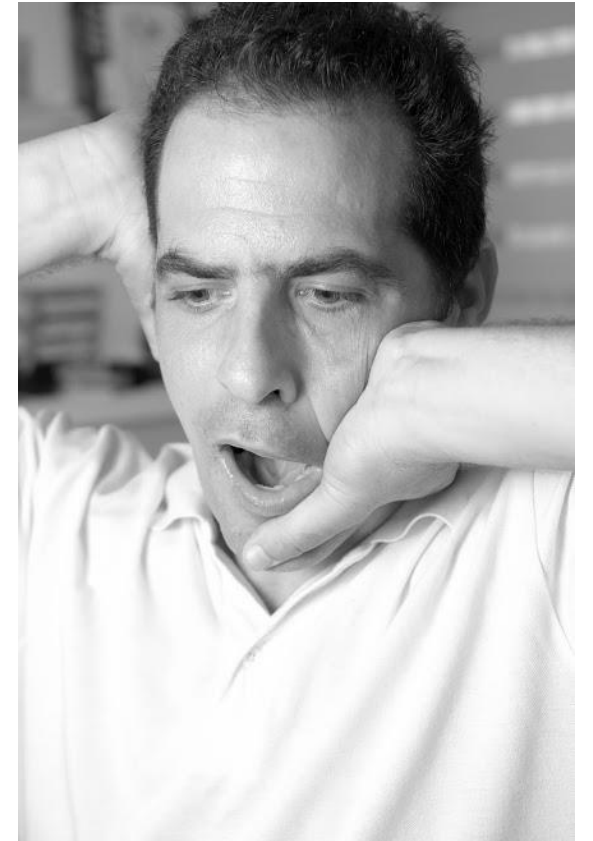
Disc related TMD

- Snake
- Proprioception
- Washing machine



Degenerative joint Desise

- MWM



Thank you

Look for us on:



Cervico Cranio Mandibular Academy



@CCMAtherapeutics



Nexus fyzio

for courses in Praha

